

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

ORGANIC TRADITIONS ORGANIC

■ Lavender Latte with Probiotics 21.59

★ Dreamy blend of lavender and tart cherry with ashwagandha and probiotics to help unwind, de-stress and sleep well ★ Female led

★ Line Drive

SAVE 10%



NUTRAVEGE Omega-3

★ 500mg EPA+DHA from algal oil, supports eye, brain and cardio health in just 1 softgel per day

★ NutraSea and NutraVege Line Drive

SAVE 10%

51.29

75 Softgels
VALUE SIZE!



STRAUSS Original Heart Drops

★ Naturally sourced ingredients help maintain cardiovascular health and help reduce elevated blood lipid levels/hyperlipidemia in adults

100 mL

SAVE \$9

★ All Strauss On Sale

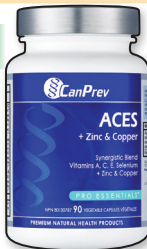


CANPREV ACES + Zinc & Copper

35.99

SAVE 10%

★ Herb free anti-oxidant providing fat & water soluble nutrients, supports immunity, skin and vision health, energy & metabolism



LIVING ALCHEMY ORGANIC Lion's Mane

42.29

SAVE 15%

★ Kombucha fermented, supports memory, focus and overall brain health, gentle whole-food formula also supports immune health and gut balance, free of fillers



GOOD PROTEIN All in One Shake

33.14

SAVE 15%

★ Easy to digest, plant based, packed with essential vitamins, minerals, probiotics, fibre, fruits and veg and superfoods

★ Line Drive



ORGANIC BC PRODUCE

ORGANIC Asian Pears BC



3.99 lb

\$8.78 kg
SAVE \$1.00/lb

ORGANIC BC Green/Purple Kohlrabi



2.99 lb

\$6.58 kg
SAVE \$1.00/lb

ORGANIC BC Green/Red Cabbages



1.99 lb

\$4.38 kg
SAVE \$1.00/lb

GROCERY

Your Local Health Hub Since 1980!

SWEET MONK Your Favourite Sugar-Free Liquid Monk Fruit Sweeteners

★ ORIGINAL OR VANILLA 50 mL

SAVE \$6.50 EACH



MAISON ORPHÉE Fresh Mayonnaise Made with Extra Virgin Olive Oil

440 mL

8.99

SAVE UP TO 28%

★ ON BEST-SELLING MAYONNAISE AND SELECT COOKING OILS!



MATEÍNA ORGANIC Yerba Mate

3.29

355 mL

SAVE UP TO 24%

★ ON 3 SUGAR-FREE FLAVOURS & LOOSE LEAF YERBA MATE!



BOB'S RED MILL ORGANIC Flaxseed Meal

7.49

453 g

★ FLAXSEED, CHIA, AND SIX STYLES OF OATS ON SALE!

SAVE UP TO 22%



MILLSIE Beet & Balsamic Cashew Dip

7.49

183 g

★ 8 FLAVOURS OF VEGAN DIPS AND CHEEZE!

SAVE 21%



L'ANCÊTRE ORGANIC Extra Old Cheddar

14.99

325 g

SAVE UP TO 19%

★ ON SELECT CHEDDARS, MOZZARELLA, SWISS CHEESE, FETA, AND BUTTER!



NAKED & SAUCY ORGANIC Soy Sauce Substitute

9.49

473 mL

★ CONVENIENT & CRAVEABLE SAUCES AND DRESSINGS!

SAVE UP TO 28%



BIOITALIA ORGANIC Tomato Paste

5.49

300 mL

★ STRAINED TOMATOES, PASTA, AND SAUCES ALSO ON SALE!

SAVE UP TO 27%



CABOO Tree-Free Facial Tissue

1.99

60 Count

SAVE UP TO 30%

★ ON TISSUES, TP, & BABY WIPES!



★ Please check all ingredients to ensure products are right for you



SALES ON
FROM