

EDIBLE ISLAND

WHOLE FOODS MARKET

We're Here
for You!

HEALTH

SURO ORGANIC Elderberry Syrup

118 mL
SAVE 15%

★ Made from Canadian elderberries, elderflowers, honey, propolis and echinacea to support immune health, relieve cold and flu symptoms

★ All Suro On Sale



PURICA Curcumin BDM50 Extra Strength

63.95
60 vCaps
SAVE 17%

★ Offers rapid relief with 50% BDMC, targets inflammation more effectively, boasting 939k+ORAC units per gram!

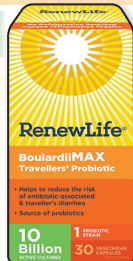


RENEW LIFE Boulardii Max

21.59
30 vCaps
SAVE 10%

★ One-strain travel-friendly probiotic helps reduce the risk of antibiotic-associated & traveller's diarrhea, supports intestinal/gastrointestinal health

★ All Renew Life On Sale



PRAIRIE NATURALS Vitamin D3 2500 iu

25.49
BONUS! 500 + 50 Softgels
SAVE 15%

★ Helps prevent Vitamin D deficiency, supports immune system, bone health and lung function

★ All Prairie Naturals D3 On Sale



ST. FRANCIS HERB FARM ORGANIC ValeriCalm

32.39
100 mL
SAVE 10%

★ Powerful synergy of 6 sleep supportive herbs hinged on valerian, helps soothe nervousness & cultivate calm



VITALITY GLOW

Marine Collagen + Rose

56.31
200 g
SAVE 12%

★ Contains 6g of Canadian-sourced marine collagen to protect and regenerate skin health, biotin and vitamin C to strengthen hair, skin & nails, luxurious rose fragrance

★ All Vitality On Sale



JOIN US WEDNESDAY JAN. 28 TH FOR EDIBLE ISLAND'S
Wellness Wednesday
SAVE 15% ON PERSONAL CARE & VITAMINS

LAST
WED. OF
EVERY
MONTH!

ORGANIC PRODUCE

ORGANIC MEX Jalapeño Peppers

2.99/lb
\$6.58 kg
HOT PRICE!!



ORGANIC MEX Heirloom Tomatoes

2.99/lb
\$6.58 kg
SAVE \$1.00/lb



ORGANIC Yellow, Orange, Red Peppers MEX

2.99/lb
\$6.58 kg
SAVE \$1.00/lb



GROCERY

NUTS TO YOU Almond Butter

735 g
17.99
CHOOSE FROM 6 ALMOND BUTTERS ON SALE!
SAVE UP TO 28%



O'DOUGHS Gluten-Free Everything Bagels

4.99
300 g
SAVE UP TO 27%

★ ON GLUTEN-FREE BAGELS AND ENGLISH MUFFINS!



EARTH'S OWN Plant-Based Butter

340 g
6.29
SAVE UP TO 21%

★ ON VEGAN BUTTER, SOUR CREAM, AND CREAM CHEESE ALTERNATIVES!



LE GRAND Plant-Based Garden Pesto

170 g
6.99
SAVE UP TO 30%

★ ON CLASSIC PESTO, VEGAN PESTO, AND VEGAN MAC'N'CHEESE SAUCE!



RIZOPIA ORGANIC Gluten-Free Brown Rice Pasta

3.49
454 g
SAVE 19%

★ 5 TYPES



HORNBY ORGANIC Organic Chocolate Chip Peanut Butter Energy Bar

80 g
2.79
SAVE 20%

★ ON ALL 6 FLAVOURS!



CHA'S ORGANICS ORGANIC Thai Yellow Curry

5.79
55 g
SAVE UP TO 26%

★ ON COCONUT MILKS, CURRY PASTES, & MANGO CHUNKS!



EVERLAND ORGANIC Rich & Creamy Guar Gum Free Coconut Milk

2.49
400 mL
SAVE UP TO 33%

★ ON SELECT COCONUT MILKS & MAPLE SYRUPS!



LOOP MISSION Immunity Booster Wellness Shot

60 mL
ONLY 2.49 EACH!

★ 3 FLAVOURS!



★ Please check all ingredients to ensure products are right for you



ORGANIC



NON-GMO



FAIR TRADE



GLUTEN-FREE



DAIRY-FREE



SOY-FREE



NUT-FREE



VEGAN



KOSHER



CANADIAN



BC MADE



ISLAND MADE

SALES ON
FROM

JAN. 21 ST
TO JAN. 27 TH



EDIBLEISLAND.CA 477-6TH ST. COURTENAY MON-SAT 9-6:30 SUN 10-5 250-334-3116